

THE GOOD LIFE

Sunday, May 19, 2024

Begin: Take this time to hear how everyone is doing, and get settled.

- What is something to celebrate from this past week?
- IceBreaker: When and what have you sacrificed for something you knew was far more important?

Listen: Reflections on Sunday's Sermon and thoughts from the message

- What stood out to you about this week's message?
- Is there anything you still are thinking about or have questions about?

Discover: Take time to dig deeper into the passage/topic for this week.

- Read: Matthew 5:27-30
- Jesus brings the old-covenant command against adultery to fulfillment by showing how lust is already adultery in the heart. How is lust related to adultery?
- Think through Jesus' reasoning and motivation here and answer this question in light of them: Why is lust both wrong and foolish?
- Jesus says to tear out one's eye or to cut off one's hand if they cause one to lust. Neither action would actually prevent someone from lusting, since lust is a sin of the heart. What, then, is Jesus' point?
- How do we reconcile the gracious reality of salvation with the necessity of fighting sin?

Apply: Take time to apply these Biblical Truths to your own life

- Have you ever noticed a difference in what you look at and how you act when you are close to the Lord in reading and prayer? Why do you think this is so?
- How can believers help one another fight the sin of lust?
- Living in a highly sexualized culture, we cannot always prevent our eyes from seeing sexual images. How then do we protect our eyes?
- What radical and practical steps might you need to take to fight against lust?

My One Thing — What is your 1 takeaway from this study and how will it impact your upcoming week?

Pray: Feel free to pray in a way that best fits your group. Take time each week to pray with and for each other.

Notes: Space for your notes from your time together. Added Memory verse at the bottom to keep these truths in your mind.

*“For it is better that you lose one of your members
than that your whole body go into hell.*

Matthew 5:30b



A SIMPLE LIFE IN CHRIST