



# THE PSALMS

Begin: take this time to hear how everyone is doing, and get settled in.

- What is something to celebrate this week?
- IceBreaker: Describe a time when you were really thirsty?
  - What is your favorite thirst-quenching beverage?

Listen: This is for reflection on Sunday's Sermon and thoughts from the message.

- What stood out to you about this week's message?
- Is there anything you are still thinking about or have questions about?

Discover: Take time to dig deeper into the passage/topic for this week.

- Read: Psalm 42-43
  - What is the Psalmist's condition in 42:1-3? How is he doing in 42:7? Any better in 42:9-10?
  - What does the psalmist assume about God in 42:9? Why?
  - What prescription to his grief does the psalmist offer himself in 42:5, 11 and 43:5? Is this a realistic way to handle grief?
  - What is the psalmist learning about God, even though he is not in his house? (42:8)
- Read John 4:20-24. How does Jesus answer the question, "Where is your God?"

Apply: Take time to apply these Biblical Truths to your life.

- If you were asked the question, "Where is your God?" How would you respond?
  - The Psalmist twice asks, "When can I go and meet with God?" How does the New Testament answer this question? (Jn 2:19-21, 1 Cor 3:16-17, 6:19-20)
  - What does it mean to meet God in the person of Christ?
  - What wisdom from this psalm helps you when you experience loneliness?
  - How can you respond differently the next time you feel isolated because of this text?
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- **MY ONE THING** — What is your 1 takeaway from this study, and how will it impact your upcoming week?

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Pray: Feel free to pray in a way that best fits your group. Take time each week to pray with and for each other.

Notes: Space for you notes from your time together. Memory verse at the bottom for your week.

"AS A DEER PANTS FOR FLOWING STREAMS,  
SO PANTS MY SOUL FOR YOU, O GOD."  
MY SOUL THIRSTS FOR GOD, FOR THE LIVING GOD.  
WHEN SHALL I COME AND APPEAR BEFORE GOD?

PSALM 42:1-2