



# THE PSALMS

Begin: take this time to hear how everyone is doing, and get settled in.

- What is something to celebrate this week?
- IceBreaker: Have you ever played “hide and seek”? Describe your best hiding place.
  - Can you think of a time when you learned a lesson “the hard way”?

Listen: This is for reflection on Sunday’s Sermon and thoughts from the message.

- What stood out to you about this week’s message?
- Is there anything you are still thinking about or have questions about?

Discover: Take time to dig deeper into the passage/topic for this week.

- Read: Psalm 32
  - What is the difference between transgression, sin, and iniquity?
  - What is deceit? Is it possible to lie while telling the truth?
  - What are the physical, emotional, and relational consequences of unconfessed sin?
  - What examples of “Covering” can we see through the Bible? How do these demonstrate God’s forgiveness of our sin in Christ?
- Read Psalm 103:8-12. What does it tell us about how God deals with us and our sin?

Apply: Take time to apply these Biblical Truths to your life.

- Why is it so tempting to cover up our sin rather than reveal it?
- When have you confessed your sin to another person? How was it different from confessing your sin to God? Would you recommend it?
- Do you have trouble believing that God has truly forgiven you?
- Knowing that God has forgiven you, how should this affect your forgiveness of others? Has it?
- MY ONE THING — What is your 1 takeaway from this study, and how will it impact your upcoming week?

---

---

---

Pray: Feel free to pray in a way that best fits your group. Take time each week to pray with and for each other.

Notes: Space for you notes from your time together. Memory verse at the bottom for your week.

"I ACKNOWLEDGED MY SIN TO YOU,  
AND I DID NOT COVER MY INIQUITY;  
I SAID, "I WILL CONFESS MY TRANSGRESSIONS TO THE LORD,  
AND YOU FORGAVE THE INIQUITY OF MY SIN."

PSALM 32:5